

## FROM THE CHAPLAIN



Greetings once again; I hope you are appreciating the opportunities we have with this 'new' but uncertain 'normal'.

How the months have moved on since the 'lockdown'; helpful for most to now have less restrictions - to travel further and meet up with family and friends outside. For families they can now meet in each others' homes as well as in gardens or parks; even by the sea - remembering distancing. We are told it is best to be outside; 'groups of six-distancing.'

We certainly need to give thanks to all those businesses and individuals who have supported us through this time. This leads me on to 'technology,' and how developments have soared with Churches producing not only hard copies of Services but videos, Zoom and Watchup enabling us to see each other, to share by participating in choirs, discussion groups and Bible studies, all communicating from individual homes; yet together. Grandparents have been able to see their children and grandchildren so giving 'a lift' to family life; especially for those living abroad.

Although at present life has changed so much let us give thanks to God who does not change, who is the same yesterday, today and will be forever. Draw close to him and he will draw close to you. Bless you all.

Daphne



**Shop trolley with Mel**



Thursday July 23rd

If anyone would like to receive a copy of Neighbours by email please respond to Fran at [fveale@cortonhouse.co.uk](mailto:fveale@cortonhouse.co.uk)

No 422



  
**Corton House**  
*Loving Care and Support*

JULY 2020



## NEIGHBOURS

### MONTHLY NEWS-SHEET FOR CORTON HOUSE AND BRAKENDON CLOSE



## FROM THE CARE MANAGER

As we continue in the home's lockdown our spirits and morale are kept high by the staff and residents coming together to support each other.

We have very much welcomed back Daphne, our Chaplain, to the home to provide a weekly service even if it is via socially distancing through the doors of the leisure room; this has been such a highlight for our residents.

We have been thankful for the nice weather which has meant fun and games in the garden and even a cheeky Pimms on a Friday! It has been nice for everyone to breathe some fresh air and meander around the gardens enjoying the summer flowers.

We all live in hope that it won't be long before we can open our doors again as we are very much missing visitors in the home. However the meetings through the doors in the dining room are going down well but it is not quite the same as having the hustle and bustle about the place.

Stay safe everyone.

Lisa



## FROM THE SCHEME MANAGER

You can almost hear the sigh of relief from our tenants, as they are now able to meet with family members in their support bubble. It feels as if we are moving slowly towards some semblance of our lives before lock-down.

However, we must not become too complacent because that threat is still circulating. A silent unseen virus which we have managed to avoid for the past few months. That is down to the vigilance of us all and our care for each other.

I do have to say that as I have returned to work on site, I have seen some spectacular hairstyles! I know that while most tenants cannot wait for the return of hairdressers, some of the longer styles really suit!

Have patience and stay safe all!



Lorraine

## More Snapshots of Lockdown in Corton House



## FROM THE ACTIVITIES CO-ORDINATOR

As time goes on we continue to try and find new things to do and experience.

We had a ladies' pamper morning doing nail care, hand massage and painting nails – it is lovely that residents still take pride and want to look their best. To ensure we did not leave the men out we had a 'men's morning' and got most of the men together for a beer/chat – they are mostly in their nineties and have lots of shared experiences. Both mornings will be repeated in a few weeks as they all agreed it is lovely to get to know each other and form friendships.

Our tribute to Vera Lynn went well singing to some of her iconic songs and raising a glass to her wonderful work over many decades. Our favourite song has to be 'We'll meet again' and all the more poignant in these unusual times.

At last we were able to have some outside entertainment and three lovely students from the Norwich School came into our garden (we were watching inside) and gave a small dancing performance which they had put together for us. Small but very significant steps.

There are still plenty of facetime/zoom meetings with families. Some families are visiting via an open door and socially distanced. The residents take all of this in their stride but are joyful we are able to make these connections.

The Rev Daphne Lloyd very kindly continues with a service every week and has just had the first Prayer Group gathering for the residents. Some residents cherish these and take great comfort. It is amazing how everyone has adapted to these socially distanced situations.

Maria