



Hello Everyone,

What wonderful weather we are having, although farming friends of mine are desperate for rain, for without it soon as they say, 'there will be no HARVEST.'

Nature has truly taken off during this difficult time for humans. The bird life increases day by day as I walk by the river, seeming to enjoy even human company in close quarters.

Plants are numerous, growing in often unexpected places; cranesbill, jack-by-the-hedge, comfrey both white & blue (rather unusual); hedge parsley; and garden flowers are increasing by the day.

Insect life is being more visible. I saw an emerald mint beetle which I had not seen for years; may be I had not been observant enough!!

During these uncertain times
I know you may feel concerned...
But remember birds will continue to sing
flowers will grow and insects will thrive.
The sun will rise and set.
Nature will encourage us to give
thanks to all of God's provision and
his daily BLESSINGS however small.



God Bless you all,

Daphne
Chaplain



Shop trolley with Mel



Thursday June 18th

If anyone would like to receive a copy of Neighbours by email please respond to Fran at fveale@cortonhouse.co.uk

No 421



Corton House
Loving Care and Support

JUNE 2020



NEIGHBOURS

MONTHLY NEWS-SHEET FOR

CORTON HOUSE AND BRAKENDON CLOSE



MESSAGE FROM THE BOARD

First, we want to say a very big thank you to all at Corton House, residents, staff, relatives and tenants at Brakendon Close for working to keep us safe. Last time, we said that the Board is in constant contact with Tom, Lorraine, Lisa and the rest of the team offering help and support, and this is still very much the case, so we are aware of what is happening with you. We are holding Board meetings every 2 weeks and have lots of other meetings online with Lisa and Tom about many issues. It was wonderful to hear the news about the negative test results for Covid 19. Lisa explained that the actual test was not a pleasant experience, but everyone co-operated, and we got it done. It is a testament to everyone's hard work that the results confirmed that we are Covid 19 free and that gives us hope for the future. If we have achieved this so far, there is no reason why we cannot continue to be safe. This will mean that we keep to lockdown measures for the moment, but we are sure it will be worth it. It is important to enjoy the simple things in life and carry on being good friends and neighbours.

In a few months' time we can reflect on this strange time and celebrate what we have all achieved.

FROM THE SCHEME MANAGER

Most of our tenants have been enjoying the lovely warm sunshine, as the restrictions ease, allowing them longer out of doors. Some prefer to stay in their homes, keeping cool with fans or portable air conditioning units.

From our daily chats, we all agree that lockdown has been much more pleasant with sunny days, rather than the grey drizzly days of Autumn and Winter.

Tenants have used this time as an opportunity to clear out cupboards, sort through paperwork and clean hidden places! I think that when I am back on site, and when lockdown rules allow, I will be dazzled by their sparkling homes!

I am looking forward to seeing all the tenants again, following a long tough time away!



Lorraine

More Snapshots of Lockdown in Corton House



FROM THE ACTIVITIES CO-ORDINATOR

We have continued to do our regular activities but try to think of new games to play both inside and out in the garden such as Giant Connect 4. 'Play your cards right', a popular game hosted by the late Bruce Forsyth, really gets us giggling and we are enjoying some old favourites such as snakes and ladders, skittles and of course scrabble. We have taken part in weekly quizzes to challenge ourselves and there is still an active knitting group. We would be grateful for any donations of double knitting wool if anyone has any spare balls. Some of the residents are still enjoying pampering in the form of hand massages which are very relaxing and allow time for a quiet chat. Our Chaplain has also been to take 'socially distanced' worship services from outside the Blake Lounge!

The weather has kept our spirits up and we have enjoyed refreshing glasses of Pimms accompanied by cheese straws. The Summer House is used all the time even on cooler days as everyone feels better for some fresh air. As there is a lot less traffic the birds seem to be singing more or maybe we can just hear them better?

I think the residents are taking this all in their stride in a wonderful way, maybe because as we get older we tend to 'live in the moment!'

Maria

