### **DIARY DATES FOR NOVEMBER 2019**

Fri 1st	All Saint's Service 10.00am Leisure Room	
Fri 1st	Knitting Group 2.00pm Sun Lounge	
Tues 5th	Finlay Pat-a-Dog 11.00am Myers Lounge	
Tues 5th	'Songs and Memories' <b>2.00pm</b> Myers Lounge	
Fri 8th	Farewell to Bridget with 'The Squeegees'	
	10.30am Myers Lounge	
Sat 9th	Sophia Dance/Exercise 10.45am Leisure Room	
Tues 12th	Musical Keys 10.00am Leisure Room	
Wed 13th	Peter Piper Entertains <b>2.00pm</b> Myers Lounge	
Thurs 14th	Mum/Baby Group <b>10.30am</b> Leisure Room	
Thurs 14th	Seated Zumba 2.00pm Myers Lounge	
Fri 15th	Knitting Group <b>2.00pm</b> Sun Lounge	
Sat 16th	Wallace talk 10.00am Leisure Room	
Mon 18th	Let's Dance Session 2.00pm Leisure Room	
Fri 22nd	Poetry Group <b>2.00pm</b> Sun Lounge	
Tues 26th	Musical Keys 10,00am Leisure Room	
Tues 26th	Reminiscence Theme ' Household Items'	
	2.00pm Leisure Room	
Thurs 28th	Mum/Baby Group 10.30am Leisure Room	
Fri 29th	Knitting Group 2.00pm Sun Lounge	



Shop trolley with MelThursdayNovember 7thThursdayNovember 21st

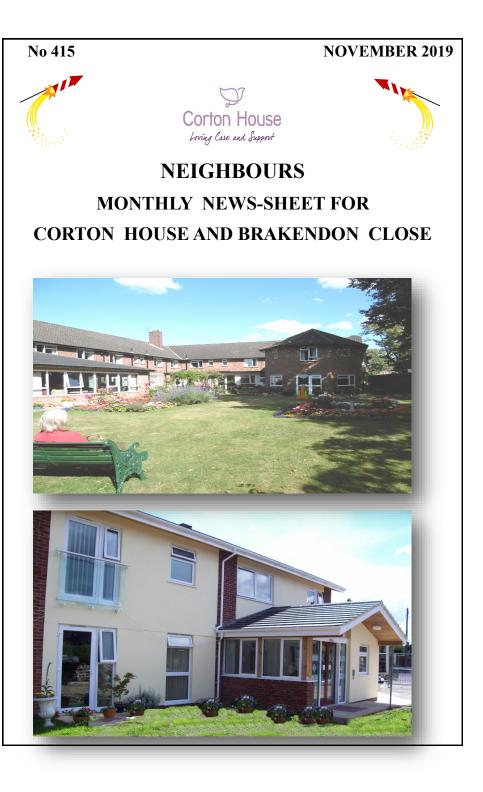


## **FUTURE DIARY DATES FOR DECEMBER 2019**

Dec 17th Charlie Chaplin 2.00pm Myers Lounge



If anybody would like to receive Neighbours by email please respond to care@cortonhouse.co.uk



## No 415

# NOVEMBER 2019

# FROM THE MANAGER

Unfortunately, after writing this section for many years now, this will be my final contribution as I will shortly be retiring. We as a group have seen many changes over the last twenty years and it has been an honour and a privilege to have been employed by Corton House and to meet and care for residents and their relatives over this period.

I shall miss you all but promise to visit over the Christmas season. I wish each and every one of you good health for the future.

Bridget Youngman

On 28th October we will welcome our new manager, Lisa Brown, to Corton House.



On behalf of everyone at Corton House Ltd we would like to thank Bridget for all her hard work and dedication over the years and we wish her all the very best in her well deserved retirement. Bridget's last day with us will be November 8th.

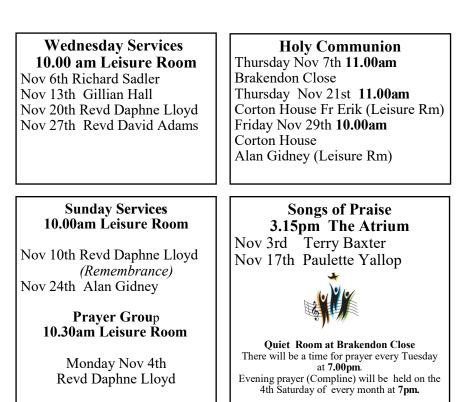
# FROM THE SCHEME MANAGER

Dark, damp, drizzly and depressing is our view outside at the moment but not inside! It's a different feeling altogether with lots going on to cheer us up. We took a trip down our ancestors' memory lane last week, with a captivating medieval themed afternoon, courtesy of Fran Veale in full medieval costume. Mead wine and gingerbread made from a medieval recipe were served to tenants.

We launched our television event at the beginning of the month with hotdogs, onions, popcorm and choc-ices to recreate the cinema experience. We could, unfortunately, still smell the onions a week later! Check our noticeboards for more exciting events to come!

#### **Brakendon Close Activities**

	(Open to all tenants and residents)	
Monday 11th & 25th	Bingo	2.00pm
Tuesdays	Exercises	10.00am
-	Team Boccia	2.00pm
Wednesdays	Lunch at Corton House	12.30pm
	Knit 'n' Natter	2.00pm
Thursdays	Coffee Morning	10.00am
	Carpet Bowls	2.00pm
Saturdays	Card Making	2.00pm



# FROM THE ACTIVITIES CO-ORDINATOR

We enjoyed our regular activities this month which included poetry group, knitting group and mum and baby group. There is always plenty of exercise because as we well know if we don't use it we lose it! Seated Zumba, seated yoga, dance/ drama exercise and Let's Dance (silent disco) are all ways in which our residents love to move. Jennie (one of our volunteers) did a wonderful job hosting a "discussion group" on current affairs, however we did ban one toric heating with "D"!! She is heating enother and in

one topic beginning with "B"!! She is hosting another one in November. It is good to see both tenants and residents engaging.

