

DIARY DATES FOR JULY 2019	
Tuesday 2nd	Seated Zumba 2.00pm Myers Lounge
Wednesday 3rd	Hog Roast 12.30pm Dining Room and Garden
Friday 5th	The Victorian Enchantress Magic Show 2.00pm Myers Lounge
Saturday 6th	Busy Bodies Dancers 4.00pm Dining Room
Tuesday 9th	Musical Keys 10.30am Leisure Room
Wednesday 10th	Knitting Group 2.00pm Sun Lounge
Friday 12th	Poetry with Josie – Theme ‘The Sea’ 3.00pm Sun Lounge
Saturday 13th	Sophia Dance/Exercise 3.45 - 4.45pm
Monday 22nd	Knitting Group 2.00pm Sun Lounge
Tuesday 23rd	Art Exhibition of Denis’(resident) paintings of Norfolk Landscapes Leisure Room 2.00-4.00pm (refreshments provided)
Tuesday 23rd	Musical Keys 10.30am Leisure Room
Monday 29th	Wallace Art Talk by Roxanne 2.00pm Leisure Room
Monday 29th	Denis Light Orchestra 7.00pm Myers Lounge



Shop trolley with Mel



Thursday July 4th
Thursday July 18th

FUTURE DIARY DATES FOR AUGUST 2019



Wednesday 28th Reminiscence with Lesley/Rosemary
Theme - ‘Seaside’ **2.00pm** Leisure Room

The next meeting of the Activities and Leisure Forum will be on
Tuesday July 23rd 2019 at 10.00-11.00am

If anybody would like to receive Neighbours by email please respond to
care@cortonhouse.co.uk

No 411

JULY 2019




Corton House
Loving Care and Support



NEIGHBOURS

MONTHLY NEWS-SHEET FOR CORTON HOUSE AND BRAKENDON CLOSE



FROM THE MANAGER

Last month has seen a varied weather pattern with very hot days and torrential rain, not forgetting a thunderstorm in the early hours of the morning which I am sure woke up half of Norwich .

Entertainment has been well received this month.

Our annual trip to Gorleston saw 24 Residents and 10 members of staff, who gave up their free time, attending; we also had a 90th birthday on the day. We were blessed with very good weather after a torrential downpour earlier in the morning. We met the Mayor of Great Yarmouth who stopped along with his colleagues to speak to us and obliged us with photographs. Well done to Maria for pulling this all together.

Our Hog Roast on 3rd July is the next event for residents and tenants to look forward to and hopefully we will be blessed with good weather.

Please don't forget our Annual Summer Fete which is on the 17th August at 2pm. Raffle Tickets will be on sale shortly.



FROM THE SCHEME MANAGER



How does the song go? Here comes Summer! - or so we thought!

Visions of a hazy, lazy slow boat ride on the river were rudely interrupted by torrential rain and wind forcing us to cancel our trip. We certainly came back down to earth with a splash!

Our hopes for sunnier days are pinned on our next trip to East Ruston Vicarage Gardens in July. We think the gardens will look spectacular bathed in sunlight..... Do not, anyone, do a rain dance please!

Brakendon Close Activities

(Open to all tenants and residents)

Monday 8th & 22nd	Bingo	2.00pm
Tuesdays	Exercises	10.00am
	Team Boccia	2.00pm
Wednesdays	Lunch at Corton House	12.30pm
	Knit 'n' Natter	2.00pm
Thursdays	Coffee Morning	10.00am
	Carpet Bowls	2.00pm
Saturdays	Card Making	2.00pm

**Wednesday Services
10.00 am Leisure Room**

July 3rd David Ingham
July 10th Alan Gidney
July 17th Revd Daphne Lloyd
July 24th Richard Sadler
July 31st Barbara Searle

**Sunday Services
10.00am Leisure Room**

July 7th Chris Cleary
July 21st Lesley Moore

**Prayer Group
10.30am Leisure Room**

Monday July 1st
Revd Daphne Lloyd

Holy Communion

Thursday July 4th 11.00am
Brakendon Close
Thursday July 18th 11.00am
Corton House
Friday July 26th 10.00am
Corton House
Terry Baxter

**Songs of Praise
3.15pm The Atrium**

July 14th Ros Crowe
July 28th Kate Daynes

Quiet Room at Brakendon Close

There will be a time for prayer every Tuesday at 7.00pm.
Evening prayer (Compline) will be held on the 4th Saturday of every month at 7pm.

FROM THE ACTIVITIES CO-ORDINATOR

We have had a real mixed bag of activities and events this month. We had a wonderful talk by a resident's son who is a Buddhist monk – he talked about his life and how he became a monk. Both tenants and residents enjoyed hearing about a very different life to their own. Sophia who comes in once a month to do dance/exercise did a fun session where residents were Saturday Superheroes!

The Sixth Formers from the Norwich School and Notre Dame will be on their holidays. However, we had one last talk by one of them on 50s music with a little quiz which was great fun and got us all singing. We always love to sing and Tessa from Musical Keys brings a lot of pleasure and memories to the residents.

Our coach trip to Gorleston was blessed with good weather, food, company and great singing on the way home! The residents really get a lot out of the trips we go on. It gives them a lot of confidence and creates a real buzz around Corton House as they reminisce about their day.