

## DIARY DATES FOR MARCH 2019

Friday 1st	Women's World Day of Prayer - Speaker Kate Daynes <b>9.45am</b> Myers Lounge
Friday 1st	Talk on 1950s music—Sixth Form student <b>3.00pm</b> Leisure Room
Monday 4th	Wallace Collection Talk by Roxanne <b>2.00pm</b> Leisure Room
Tuesday 5th	Knitting Group <b>2.00pm</b> Sun Lounge
Wednesday 6th	Seated Zumba <b>2.00pm</b> Myers Lounge
Thursday 7th	Mum/Baby Group <b>10.30am</b> Leisure Room
Tuesday 12th	Musical Keys <b>10.45am</b> Leisure Room
Friday 15th	Brundall Singers <b>6.45pm</b> Myers Lounge
Tuesday 19th	Knitting Group <b>2.00pm</b> Sun Lounge
Thursday 21st	Mum/Baby Group <b>10.30am</b> Leisure Room
Tuesday 26th	Musical Keys <b>10.45am</b> Leisure Room

## FUTURE DIARY DATES FOR APRIL 2019

Friday 5th	Carol Leas entertains (singer/guitarist) <b>2.00pm</b> Myers Lounge
Thursday 11th	<b>Easter Coffee Morning 10.15 - 11.30am</b>
Thursday 18th	Maundy Thursday Communion <b>11.00am</b> Leisure Room
Friday 19th	Good Friday - Short Service <b>10.00 - 10.15am</b> Myers Lounge
Sunday 21st	Easter Day Service <b>10.00am</b> Myers Lounge



**Shop trolley with Linda**  
Thursday 14th March



### Easter Coffee Morning 11th April 2019

We would be grateful for any homemade cakes for the cake stall and gifts for our raffle. Cake plates will be available from the reception desk nearer the date.

Please come along and support us. Thank you. Ann



The next meeting of the Activities and Leisure Forum will be on  
Wednesday March 27th 2019 at **2pm**

If anybody would like to receive Neighbours by email please respond to  
[care@cortonhouse.co.uk](mailto:care@cortonhouse.co.uk)

No 407

MARCH 2019



  
**Corton House**  
*Loving Care and Support*



## NEIGHBOURS

### MONTHLY NEWS-SHEET FOR CORTON HOUSE AND BRAKENDON CLOSE



**FROM THE HEAD OF CARE**

I am delighted to report that our new CEO Willie Cruickshank has been appointed and commenced his role on the 18<sup>th</sup> February. I am sure that he will meet you all in due course.

Again we have had varied entertainment which has been enjoyed by all. We are looking into involving the immediate community and to this effect have invited tenants from Clyffe Cottages to join us for a ‘cuppa’, cake and chat on the afternoon of the 12<sup>th</sup> March commencing at 2.45pm. We hope that they will accept our invitation. We already have the mother and baby group every other Thursday and this has proved a very enjoyable exercise.

Weather wise, why does it all come back to the weather? It has been mild for the time of the year; let’s hope that it continues. The snow drops are all out and the daffodils ready to spring into flower.



**FROM THE SCHEME MANAGER**



Has spring finally sprung? What is this phenomenon? Blue skies and sunshine in February?

We dare not be too optimistic, but it is with a renewed sense of enthusiasm that our Entertainments Committee sat down on Monday morning to plan exciting events and outings for the coming months.

These include one of our brave tenants cooking pancakes for other tenants on Shrove Tuesday! Will she toss them we wonder?

Trips out to the Assembly House for a theatre treat, a boat trip, a garden extravaganza and lunch by the sea! Who could ask for anything more?

Bring on those hazy, lazy days of summer!

**Brakendon Close Activities**

*(Open to all tenants and residents)*

Monday 4 <sup>th</sup> & 18 <sup>th</sup>	Bingo	2.00pm
Tuesdays	Exercises	10.00am
	Team Boccia	2.00pm
Wednesdays	Lunch at Corton House	12.30pm
	Knit ‘n’ Natter	2.00pm
Thursdays	Coffee Morning	10.00am
	Carpet Bowls	2.00pm
Saturdays	Card Making	2.00pm

**Wednesday Services  
10.00 am Leisure Room**

March 6th Wendy Gilbert  
 March 13th Ros Crowe  
 March 20th Canon Ivan Bailey  
 March 28th Revd Matthew Olanrewaju

**Holy Communion**

Thursday March 7th 11.00am  
 Brakendon Close  
 Thursday March 21st 11.00am  
 Corton House  
 Friday March 29th 10.00am  
 Corton House Alan Gidney

**Sunday Services  
10.00am Leisure Room**

March 3rd Terry Baxter  
 March 17th Leslie Moore  
 March 31st Alan Barnes

**Prayer Group  
10.30am Leisure Room**  
 Monday March 4th  
 Revd Daphne Lloyd

**Songs of Praise  
3.15pm The Atrium**

March 10th Ros Crowe  
 March 24th Kate Daynes

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**Quiet Room at Brakendon Close**  
 There will be a time for prayer every Tuesday at 7.00pm.  
 Evening prayer (Compline) will be held on the 4th Saturday of every month at 7pm.

**FROM THE ACTIVITIES CO-ORDINATOR**

We had two firsts this month. As we know how important it is, whatever your age, to keep moving, we booked a seated Zumba session. Sarah managed to find the right music to encourage us to move every part of our bodies while making it a lot of fun. This will be added to our other exercise sessions which are dance and yoga based so there is something for everyone!

We have started a Mum/Baby Group with the help of Kelly from Friend in Deed which has been joyful. On our first session nine mums and their babies ranging from 4 to 14 months came in for a cuppa and chat. It only took fifteen minutes before a resident was having her first cuddle! The smiles never left their faces for the whole session and sparked conversations about their own children, grandchildren and great grandchildren.

We have also started playing bridge; however we are need of some extra players, so if anyone is interested in coming for a game to Corton House please contact Maria.