

Greetings to you all.



We are now in the Autumn Season.

Autumn is the time of year Keats called the 'Season of mists and mellow fruitfulness', autumn is the season for its harvest times, leaves turning colour, temperatures beginning to get cooler and nights becoming darker.

There are two different dates when Autumn is said to begin - it is defined by the earth's orbit around the sun - beginning on the equinox, the 22nd or 23rd September.

The meteorological Autumn always begins on the 1st September.

One of the most stunning signs of Autumn is the changing colour of the leaves. The days become shorter and are another sign that the trees are preparing for winter; the trees begin to close down their food production system hence the reason the leaves change colour from green.

The Churches hold Harvest Festival Services for food grown on the land; it is about giving thanks for successful crop yield over the year. It is also about giving thanks for all those who work on the land.

The Church Festival originated in Cornwall in 1843, when Rev'd Robert Hawker invited the parishioners of his Church into his home to receive 'the bread of the new corn'; since then every year Harvest Festival Services are held.

'Come ye thankful people, come,
Raise the song of harvest home,
All is safely gathered in...'

Harvest time encourages us to reflect not only on creation but on our Spiritual journey, for God seeks to gather the harvest of souls into his Kingdom.

May you give thanks and continue to go forward in faith.
God Bless you all with his joy and peace.

Daphne
Chaplain



If anybody would like to receive Neighbours by email please respond to Fran at:
fveale@cortonhouse.co.uk - Neighbours can be viewed in larger print on our
website:www.cortonhouse.co.uk under 'News'.

No 437



**Corton House**
Loving Care and Support

OCTOBER 2021



**NEIGHBOURS
MONTHLY NEWS-SHEET
FOR
CORTON HOUSE AND BRAKENDON CLOSE**

Message from Fran Veale, Editor of Neighbours

It is with some sadness that I have to let you know that I am leaving Norwich to return to Devon to be nearer my family. As many of you will know I have been associated with Brakendon Close and Corton House for over thirty years. My father was originally on the Management Committee which helped to recruit the very first tenants at Brakendon Close.

The very first Warden lived in Flats 54 and 55 (then one two-bedroom flat) with her husband and two daughters. My sister and I would play with them when dad was visiting Brakendon Close.

Later on mum and dad moved into Bungalow 7 when Mum's mobility became poor due to rheumatoid arthritis and they lived there very happily for 25 years taking an active part in the various activities. As a family we would visit as often as we could from Devon, all of us squeezed into the little bungalow! When mum's mobility declined further she moved into Corton House and dad stayed for a further two years at Brakendon Close, visiting her twice a day in the home. Mum spent her last eight years in Corton House where she was very happy and content.

Having returned to Norfolk and working full time for six years as a Deputy Headteacher in Attleborough, I took early retirement and then came to work on a freelance basis between Corton House and Brakendon Close in 2012. Since the pandemic I have got to know the tenants in Brakendon Close extremely well, helping Lorraine and Sue out with phone calls, coffee sessions and cover which I have enjoyed immensely. I have also loved working at Norwich Castle, Stranger's Hall and the Museum of Norwich where I have been seen dressed in Medieval Costume, as Florence Nightingale, or an Egyptian Archaeologist to name but a few roles, and delivering sessions to all ages of children.

I shall keep in touch with all my friends in Norwich and will definitely pop in to see you all from time to time. I shall miss everyone but am looking forward to spending more time with my four grandchildren.

Stay safe everyone and look after yourselves.

Fran October 2021



FROM THE SCHEME MANAGER

As we shift towards Autumn and Winter 2021, we experience celebration and sadness.

We will be celebrating the grand opening of our newly refurbished Blake Lounge! Afternoon tea for our tenants, staff and Board members will be the order of the day on November 5th.

Contrary to that, we will also be saying farewell to our much loved and valued member of staff, Fran Veale. Fran is leaving to relocate to Devon to be closer to her family. She has a long association with Corton House and Brakendon Close and has been so supportive and readily available for our tenants and staff before and during the pandemic.

We will all miss her terribly, she is irreplaceable! We do, however, wish her much happiness in her new location!

We will also be saying goodbye to Paul Goodyear, our maintenance man! He will be missed by us all, a brief time spent at Brakendon Close and Corton House. He certainly made his mark in the popularity stakes though, with his cheerful demeanour, expertise and willingness to help.

Our loss is others' gain!

Scheme Managers

This poem was supplied by one of our long-standing tenants and I think is very fitting for the times we are living in.

World Wide Epidemic 11

Smiling is infectious:
you catch it like the flu,
When someone smiled at me today,
I started smiling too.
I passed around the corner
and someone saw my grin.
When he smiled I realised
I'd passed it on to him.

I thought about that smile
and realised its worth.
A single smile, just like mine,
Could travel round the earth.
So, if you feel a smile begin,
don't leave it undetected.
Let's start an epidemic quick
and get the world infected!

Suppled by MC



Shop Trolley with Mel
Thursday 14th October 2021



FROM THE ACTIVITIES CO-ORDINATOR

Traditions are important and never more than a Harvest Service and lunch to appreciate how blessed we are to have such an abundance of fresh local food. Revd Daphne as always gave meaning to this celebration. We are also very grateful as she is now doing a Sunday service once a month as well as a weekly service, communion and prayer group – these are extremely important to our residents.

A big thank you to everyone who supported the world's biggest coffee morning to raise money for MacMillan Cancer Support. A total of £84.00 was raised by residents and staff. The cupcakes were delicious all down to Sean and Tia who work in the kitchen at Corton House.

Some of our loyal Norwich City Football fans had a lovely afternoon chatting in the garden with two Under 23 Norwich players Regan and Sean. They were delightful young men who are hoping to get into the first team – they enjoyed hearing about the history of the football team as some of our residents have been fans for 80 years.

This month the residents had a go at dough modelling and painting – their efforts came out rather well and there was a sense of achievement. Joyce also feels a sense of achievement as she has managed to knit 55 premature baby hats for the Norfolk & Norwich Hospital.

It's always nice to share an experience so we continue with various games, quizzes and exercise to encourage togetherness.

A late blast of sunshine meant we can get outside, have a stroll, read the newspaper or chat with a friend. These are such simple things and as one of our residents is always saying "fresh air – it's FREE!!!". *Maria*

